

PRESENT THE 7TH ANNUAL

Mohegan Sun

Healthy Habits SHOWCASE



Sunday, October 24

10am - 4pm • Uncas Ballroom

- Kidz Safety & Wellness Trail
- 50 Great Door Prizes
- Dance Performances
- 75 Exhibits & Displays
- Karate Demonstrations

by **Gabrieles MARTIAL ARTS**

A fun, family-oriented, interactive health, safety & fitness expo

Meet Connecticut Sun's Kara Lawson, 11am - 1pm



Fall risk and bone density screenings!



Moms & Dads: trade in a piece of candy for a free toothbrush!



Your care. Your trust. Our passion. Learn a variety of child safety parenting tips.



There's a way Get your seasonal flu shot!



FREE Health Screenings!



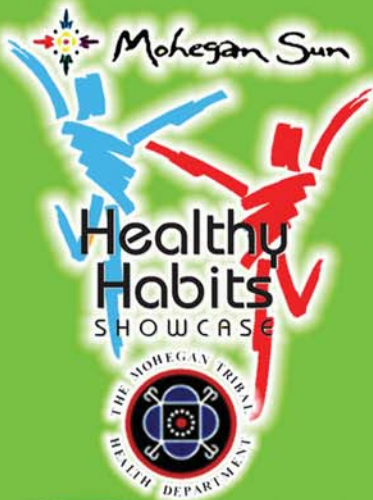
Working together for a healthier world™



Donate a non perishable food item for our neighbors in need.

Donations to benefit The Gemma E. Moran United Way/Labor Food Center





Kidz Safety & Wellness Trail!

Health & Safety Tips for Children Listen, Learn & Win!



Healthy Teeth

Children's Dental Associates
Trade in a piece of candy
for a FREE toothbrush!

START



Pick up your sticker card HERE!

Hand Washing Test

Mohegan Tribal Health Dept.
So you think you know how
to wash your hands?

Dental Check Up

Let UCFS
check your
child for cavities.



Food Pyramid Bingo

United Community & Family Services
Do you know your food groups?
Are you eating healthy?



Take the No Smoking Pledge

William W. Backus Hospital, Norwich
Smoking is NOT cool.

The Smokehouse

Mohegan Tribal Fire Dept. & Mystic Fire Dept.
What do you do if there is a fire?
Station is just outside Uncas Ballroom.

Mohegan Tribal Fire Dept.
Mystic Fire Dept.



Amber Alert



Clinton Rotary Club
Kids get your free secret
ID Number! Parents, store your
child's info with the State Police.

Moms & Dads:
Please help feed our
neighbors in need.



Please bring a
non-perishable food item
to our Health Expo.



Grandma's House

Safe Kids New London County
Learn about home safety.



Animal Bite Prevention

Safe Kids New London County
How to stay safe
around dogs.



Physical Fitness Challenge

Show us how fit you are!

Connecticut Sun
Meet Kara Lawson, 11am - 1pm
Connecticut Sun's Shooting Guard
and 2008 Olympic Gold Medalist



END

How to Play?

1. Bring this card with you to Healthy Habits Showcase on Sunday, October 24th.
2. Visit each station on the Kidz Safety & Wellness Trail in the Uncas Ballroom of Mohegan Sun.
3. Every child under 13 will receive a sticker after they have listened and learned.
4. Complete the Kidz Safety & Wellness Trail sticker card and turn it in at the Connecticut Sun exhibit booth before 4pm.
5. Win great kids' prizes! (While supplies last)

Free Admission. No purchase necessary.